

MILWAUKEE OUTREACH

LIFEPOINT services are in **Waukesha - Kenosha - Racine.**

- Testing and OD education are available with prior arrangement in **Waukesha on Mondays.** Call: (414) 429-9701.

- The LifePoint van is there from 10:30 to 3.

All of the services are available at the ARCW **KENOSHA OFFICE:**
1212 57TH ST.

The Kenosha office is open: MON. - THUR. 8:30 TO 4:30 FRIDAY 1 - 4

WAUKESHA - VAN MONDAY

10:30 - 3:00

- **NEEDLE EXCHANGE**
- **HIV/HCV TESTING**

Call for details: (414) 429-9701

KENOSHA & RACINE THURSDAY

KENOSHA 9:00 am - 2:00 pm

Clinic: 1212 57th Street

- **NEEDLE EXCHANGE**
- **HIV/HCV TESTING**

Call for details: (262) 496-5333

RACINE roving: 2:00 - 3:00
Call for location: (262) 496-5333

WHEN WERE YOU LAST TESTED?

It is important for any active injector to be tested every 6 months. As part of our mission to **reduce harm** we offer **FREE testing** for HIV, Hep C and STDs. It only takes 40 minutes to get a preliminary result!

Schedule a test anytime you are at the office or call: (414) 225-1608.

OVERDOSE DEATHS PREVENTED - NUMBER REPORTED*

SEPTEMBER - NOVEMBER: **92**

Nobody has to die from a drug overdose! The 92 overdose reversals (above) are due to people talking to LifePoint staff about what to do for an OD. Ask us what you can do to prevent someone's death.

* Reported only to ARCW

FIND LIFEPOINT ON THE SOCIAL NETWORK

twitter.com/LifePointNEX (or search: lifepointnex)

[Facebook](#): "LifePoint Needle Exchange" (or search: lifepoint needle)

[MySpace](http://www.myspace.com/550834471): <http://www.myspace.com/550834471> (Name: LifePoint Needle Exchange)

FRIDAY ROVING APPROXIMATELY 12:30 TO 3:30

To insure everyone is served, it is best that you call and schedule a delivery/pick-up as early as possible. **Calls are taken from 10 AM Thursday until Noon on Friday.** Please note: We are often in a meeting Friday mornings so please leave a message.

LIFEPOINT

NO EXCHANGE - NO TESTING

There are **NO** Prevention office hours or **van service** over the holidays:

CLOSED: Friday - 12/23 & 30 and Saturday - 12/24 & 31

Thursday - 12/22 & 29 CLOSED @ 6 PM

Monday - 1/2 CLOSED @ 2 PM

We wish you a Happy and Safe Holiday

VAN SCHEDULE

MONDAY

EXCEPT 1/2

1:00 - 2:00 10th & Lincoln

2:30 - 3:30 27th & Burleigh

4:00 - 5:00 25th & Lincoln ¹

Waukesha 10:30-3:00

(See back for details.)

WEDNESDAY

11:30 - 1:00 10th & Lincoln

1:00 - 2:30 27th & Burleigh

3:00 - 4:00 Brady & Farwell ²

4:00 - 5:00 25th & Lincoln ¹

FRIDAY

EXCEPT 12/23 & 12/30

11:00 - 4:00

ROVING MILWAUKEE

Must call before **Noon** to schedule!

TUESDAY

11:00 - 12:30 11th & Burleigh

1:00 - 2:00 16th & Scott

3:30 - 4:30 29th & Lisbon

THURSDAY

12:00 - 1:30 11th & Burleigh

2:00 - 3:00: 16th & Scott

3:30 - 4:30: 29th & Lisbon

Kenosha & Racine 10:30-3:00

(See back for details.)

SATURDAY

EXCEPT 12/24 & 12/31

1:00 - 3:00 Brady & Farwell ²

¹ Walgreens Parking Lot - SW corner

² CVS Pharmacy Parking Lot - at back (E. side) of lot

OFFICE SCHEDULE

3716 W. WISCONSIN AVE.

MONDAY - TUESDAY - WEDNESDAY: 10 AM - 6 PM

THURSDAY: 10 AM - 8 PM EXCEPT 12/22 & 12/29 FRIDAY: 10 AM - 5 PM

PRIMARY PHONE: (414) 225-1608

WAUKESHA CELL: (414) 429-9701

KENOSHA/RACINE CELL: (262) 496-5333

THE INSIDE STORY: HEPATITIS C

Overdose, AIDS (HIV) and Hepatitis C (HCV) are the greatest threats to an injection drug user (IDU). However, all of these can be prevented and a big part of our mission is to help people avoid these risks. While there is no vaccine for HIV or Hep C, we offer free testing for both and the sooner a person is diagnosed and receives treatment, the better their chances are of survival.

Hepatitis means inflammation of the liver. There are several different types of Hepatitis, including Hepatitis A, B, and C. When using needles to inject drugs, you want to be especially aware of Hepatitis C.

HOW HEP C IS SPREAD

Hepatitis C is mainly spread through contact with blood. This means that it can be transmitted through sharing needles, cottons, cookers, water or anything that may have contact with blood. HCV can also be transmitted through sexual contact with a person who is infected. About 60% of transmission is through drug use, while about 15% is through sexual contact. There have been no documented transmissions of HCV through saliva, tears, sweat, etc. There have been no Hep C infections from blood transfusions after 1992.

SYMPTOMS

Symptoms associated with HCV can include fever, fatigue, nausea, vomiting, joint pain, and jaundice, a yellowing of the skin and eyes. However, there are often no symptoms associated with HCV infection. After many years (20-30 years), however, Hep C can lead to cirrhosis and liver cancer as well as problems with the cardiovascular system, cholesterol, and other cancers.

HIV, diseases that cause immune system suppression and alcohol abuse can increase the disease progression.

Can Hepatitis C be prevented?

Yes. To reduce the risk of becoming infected with the Hepatitis C virus:

- Do not share needles or other equipment to inject cosmetic substances, drugs, or steroids
- Do not use personal items that may have come into contact with an infected person's blood, such as razors, nail clippers, toothbrushes, or glucose monitors
- Do not get tattoos or body piercings from an unlicensed facility or in an informal setting

TREATMENT

There are vaccines available for Hepatitis A and B, **but not for Hepatitis C**. Hep C is treated through a combination of drugs as well as interferon. Interferon is an injection that is similar to a protein that your body makes to fight off infection. Interferon is given weekly in addition to antiviral medications which are taken a couple times a day. Treatment can last 6 months to 1 year, depending on the amount of virus in your body and how you react to the medication. Side effects to this treatment can include constant fatigue, nausea, depression, headaches, muscle aches, and anemia. Treatment is successful 40-80% of the time, depending on many different factors. New and better treatments are always being developed. Knowing your status and talking to a doctor can determine if and when treatment is right for you.

HOW TO PROTECT YOURSELF

- NEVER SHARE! Always use your own materials. It is not just needles that can be a risk!
- Only get tattooed/pierced in a licensed commercial facility.
- Always use protection during sexual contact.

HCV can live outside of the body for several days, even in dried blood.

- ☐ 10% of IDUs will get Hep C within the first year of using.
- ☐ 85-100% of IDUs will get HCV within 5 years of using.
- ☐ 75-85% of people develop chronic infection. 15 - 20% of people clear the virus.
- ☐ 12,000 people die each year from Hep C related liver disease!

Many people believe that you can get Hep C by reusing your own cooker. This is NOT true. You can only get HCV by coming into contact with infected blood. It is possible to get Hep C by sharing a cooker (or needle, cotton, water, etc.) with someone who is HCV positive.

- ☐ 35% of people who are infected with HCV do NOT know they have it.

COULD THIS BE YOU?

While there may be no symptoms and it may be many years before Hep C leads to severe damage, it is important to be tested early.

KNOW YOUR STATUS!

Make an appointment with us to be tested today.

(414) 225-1608

